

## Curriculum Vita

<b>Name</b>	Neama Yousef Mohammed Hantira	 <b>Personal Photo</b>
<b>Date of birth</b>	3/5/1980	
<b>Marital Status</b>	Married	
<b>Address</b>	<ul style="list-style-type: none"> <li>- Admon Fermon Street, Semouha, Faculty of Nursing, Alexandria University, Egypt OR</li> <li>- 21 Albakly Street, Ezbat Saad, Semohua, Alexandria, Egypt.</li> </ul>	
<b>Tel.</b>	01091533114 01208810448	
<b>Mail address</b>	<a href="mailto:rahma_fathy2003@yahoo.com">rahma_fathy2003@yahoo.com</a>	
<b>Nationality :</b>	<b>Egyptian</b>	
<b>Passport details</b>	<b>No : A14101399</b> <b>Valid up to: 30/1/2022</b>	
<b>Position</b>	<p>Associate professor, Community Health Nursing, 2018 till now.</p> <p>Assistant professor, Community Health Nursing, 2013-2018.</p> <p>Assistant demonstrator, Community Health Nursing, 2008-2013.</p> <p>Demonstrator, Community Health Nursing, 2004-2008.</p>	
<b>Qualification</b>	<ul style="list-style-type: none"> <li>- Ph.D. of Community Health Nursing, Alexandria University, 2013.</li> <li>- Master of community health nursing, Alexandria University, 2008.</li> <li>- Bachelor in Nursing sciences, 2002, Alexandria University, Egypt</li> </ul>	

## EDUCATIONAL QUALIFICATIONS

### A. PROFESSIONAL QUALIFICATIONS

<b>Degree</b>	<b>College&amp; University</b>	<b>Year</b>	<b>Class&amp; Percentage</b>	<b>Major subject with specialization</b>
Ph.D. of community health nursing, 2013,	Alexandria University, Egypt	<b>2013</b>	<b>*Excellent</b>	<b>Community Health Nursing (Occupational Health)</b>
Master of community health nursing, 2008, Alexandria university	Alexandria University, Egypt	<b>2008</b>	<b>*Excellent</b>	<b>Community Health Nursing (Adolescents and School health)</b>
Bachelor in Nursing sciences, 2002, Alexandria University, Egypt	Alexandria University, Egypt	<b>2002</b>	<b>* Excellent with honour degree</b>	<b>Nursing</b>

### B. CONTINUING EDUCATION:

#### COURSES,

- Completed the **American Board Program** about the Quality Management in baby friendly hospitals course with excellent grade. American board for quality science and technology (ABOST) in collaboration with the Regional center for Studies and Occupational Development RCSOD and Mother Child Friendly Care Association MCFC.2017.

- Completed the Basic Life Support (BLS) European Resuscitation Council (ERC) Qualification, 2018.

#### **WORKSHOPS and SEMINARS:**

- Course learning outcome mapping, Faculty of Nursing, Alexandria University, Egypt, 2018.
- Program and courses specification, Faculty of Nursing, Alexandria University, Egypt, 2018.
- Second Baby Friendly University Hospital Initiative (UBFI) workshop for preparing University hospitals to become centers of excellence for teaching Baby Friendly Practices, Faculty of Medicine, Alexandria University, Egypt, 2018.
- How to write a success grant proposal, Alexandria University, Egypt, 2018.
- Building a research trajectory, Alexandria University, Egypt, 2017.
- Critique of nursing research papers, Damanhour University, 2015
- Plagiarism, Damanhour University, 2015.
- Quality Standards in Teaching, Faculty Leaders Development Center, 2015.
- Crisis & Disaster Management, Faculty Leaders Development Center, 2015.
- Organizing Scientific Conferences, Faculty Leaders Development Center, 2015.
- References Management System, Faculty Leaders Development Center, 2015.

#### **CONFERENCES- PARTICIPATED/PRESENTED PAPERS/CONDUCTED:**

- Women's Health Investment as a Key to the Global Health & Prosperity, Faculty of Nursing, Alexandria University, 2018.
- Non-Communicable Diseases, Alexandria Regional Center for Women Health, 2018.
- Nursing Role in Leading and Advancing the Global Health, Faculty of Nursing, Alexandria University, 2017.
- Adolescence: the Road to the Future, , Faculty of Nursing, Alexandria University, 2017.
- Evidence Based Practice in Health Promotion: Challenges & Strategies, Faculty of Nursing, Alexandria University, 2017.
- Dengue Fever: Press Alarm Button, , Faculty of Medicine, Alexandria University, 2017.
- 22nd Annual Conference of The Egyptian Association of Endocrinology Diabetes &

- Atherosclerosis - 3rd International Endocrine Update Program, Green Plaza, Alexandria, Egypt, 2017.
- 20th Annual International Congress of Egyptian Society of Endocrinology , Diabetes & Obesity - ESEO, 2017, Green Plaza, Alexandria, Egypt, 2017.
  - Non-communicable Diseases: An Emerging Global Health Crisis, Faculty of Nursing, Alexandria University, 2017.
  - Paving the Way Toward Forward Thinking in Nursing Profession, , Faculty of Nursing, Helwan University, 2017.
  - Teaming Up for Women's Health, Faculty of Nursing, Alexandria University, 2017.
  - 14th Annual Conference of the Medical Association for Study and Management of Obesity, Green Plaza, Alexandria Egypt, 2017.
  - 21st Annual Conference of The Egyptian Association of Endocrinology Diabetes & Atherosclerosis - 2nd International Endocrine Update Program, Green Plaza, Alexandria Egypt, 2016.
  - Demographics & Health in Egypt 2016, Faculty of Medicine, Alexandria University, 2016.
  - Health Information Management: The Path to Nursing Innovation and Globalization, Faculty of Nursing, Alexandria University, 2016.
  - 19th Annual International Congress of Egyptian Society of Endocrinology & Obesity, Green Plaza, Alexandria, Egypt, 2016.
  - Advances in Critical Care & Emergency Nursing, Faculty of Nursing, Alexandria University, 2016.
  - Women's Health: Advanced Issues & Practices, Faculty of Nursing, Alexandria University, 2016.
  - Infection Control & Personal Hygiene & Practice Linnaeus Sweden University, Faculty of Nursing, Alexandria University, 2016.
  - Toward Better Nursing Practice Kennesaw University, Faculty of Nursing, Alexandria University, 2016.
  - Challenges and New Trends in Nursing, , Faculty of Nursing, Alexandria University, 2015.
  - Clinical Nursing Performance: the Dichotomy between Faculty Education and Hospital Practices, Faculty of Nursing, Alexandria University, 2015.
  - Youth and adolescents Health, Faculty of Nursing, Alexandria University, 2014.
  - Natural childbirth is a woman's right, Faculty of Nursing, Alexandria University,

2014.

- Nursing Education: It's Time to Click and Update, Faculty of Nursing, Alexandria University, 2014.
- Women's rights are human rights: How to implement?!. Alexandria Regional Center for Women Health, 2014.
- Accredited Higher Education Institutions: Challenges & Strategies, Faculty of Nursing, Alexandria University, 2014.

## EMPLOYMENT EXPERIENCE

A) Total experience: 16 years and 5 months

B) Experience:

College & University	Year		Years of experience	Designation	Job description
	from	To			
Faculty of Nursing, Alexandria University	2018	Till now	1 year and 8 months	Associate professor	Involved in undergraduate and post graduate theoretical and clinical teaching
Faculty of Nursing, Alexandria University	2013	2018	5 years	Assistant professor	Involved in undergraduate and post graduate theoretical and clinical teaching
Faculty of Nursing, Alexandria University	2008	2013	5 years	Assistant lecturer	Involved in undergraduate theoretical and clinical teaching
Faculty of Nursing, Alexandria University	2004	2008	4.5 years	Demonstrator	Involved in undergraduate clinical teaching

**Teaching skills** Participate in teaching the following courses

**Undergraduate students' courses including**

- Principles of community health for 1st year students
- Community health for 3rd year students

- Community health nursing for 4th year students
- Environmental health course
- Epidemiology course
- Computer Science and statistics course

**Post graduate courses including**

- Nursing informatics. Faculty of Nursing Alexandria University.
- Community health problems Course. Faculty of Nursing Alexandria University.
- Family, Society and Demography. Faculty of Nursing Alexandria University.
- Community Health Nursing 1. Faculty of Nursing Alexandria University
- Health education for family and community. Faculty of Nursing Alexandria University.
- Issues and trends in community health nursing. Faculty of Nursing Alexandria University.
- Participate in the Clinical training for nursing students (Both undergraduate and post graduate) in the field of home visit, rural health, maternal and child health, school health, and health conveys... etc.

**C) Clinical / Hospital / Industrial Experience**

College / Hospital	Year		Designation	Job description
	From	To		
Alexandria teaching hospitals	1/9/2002	30/9/2003	Internship year	Clinical experience one year at educational hospitals

**D) RESEARCH EXPERIENCE**

**Researches & Publications**

1. Yacout DA, **Yousef N,** Hosni H. Post-Traumatic Stress Disorders and Burnout Syndrome among Community Paramedic Staff. American Journal of Nursing Research 8(5):562-574.
2. Mahmoud N, **Yousef N,** Hosni H. Food Safety Knowledge, Practices and Attitudes of Community Dwelling Older Adults in Marsa Matrouh City, Egypt. International Journal of Novel Research in Healthcare and Nursing Vol. 7, Issue 2, pp: (366-383), Month: May - August 2020.
3. Hosni H, Badawy S, **Yousef N,** Toama Z. The Effect of Applying A Developed

- Disaster Risk Reduction Guideline on Governmental Primary School Student's Safety Behaviors, Alexandria Governorate, Egypt. International Journal For Research In Health Sciences And Nursing, Volume-6 | Issue-7 | July, 2020.
4. **Yousef N**, Elkaluby EA. Nutritional Awareness Campaign Combating Egyptian Food Myths: Empowering Adolescents' Healthy Food Consumption in Alexandria Youth Centers. International Journal of Novel Research in Healthcare and Nursing Vol. 7, Issue 1, pp: (601-625), Month: January - April 2020.
  5. **Yousef N**, Elkaluby EA, Mohamed AM. Nursing Students' Perspectives regarding Challenges and Barriers of Health Education at Different Community Clinical Settings in Alexandria, Egypt. International Journal of Novel Research in Healthcare and Nursing Vol. 6, Issue 3, pp: (488-502), Month: September - December 2019.
  6. Elkaluby EA, **Yousef N**. Maternity Nurses' Perception Regarding Challenges Facing Ten Steps to Successful Breastfeeding Implementation: Qualitative Research Approach. Journal of Health, Medicine and Nursing, Vol.69, 2019.
  7. **Yousef N**, Elkaluby EA, Mohamed AM. Eating Behaviors Motives Underlying Food Selection and Perceived Barriers to Healthy Eating among Adolescents in Alexandria-Egypt. International Journal For Research In Health Sciences And Nursing, Volume-5 | Issue-12 | December,2019.
  8. Mohamed AM, Elkaluby EA, **Yousef N**. Determinants of Antibiotics Misuse by the Mothers in Children Under Five Years at Alexandria Governorate – Egypt. IOSR Journal of Nursing and Health Science (IOSR-JNHS), Volume 8, Issue 6 Ser. VII. (Nov - Dec .2019), PP 31-44
  9. Mohammed AA,**Yousef N**, Ouda MM, AbuElEla LA. Effect of Peers' Application of Modified Peyton's Four –Step Approach Versus Traditional Learning on Pediatric Nursing Students' Performance. Journal of Health, Medicine and Nursing, Vol.69, 2019.
  10. El Demerdash DA, Yacout DA, **Yousef N**, AbuElEla LA. Nursing Students' Perceptions towards the Implementation of Web 2.0 Tools in Education. IOSR Journal of Nursing and Health Science (IOSR-JNHS), Volume 8, Issue 5 Ser. III. (Sep-Oct .2019), PP 33-48.
  11. Abul-Fadl A, Farghally N, Ez-ElArab H, Shandidi M, Mostafa O, AlAttar G, Bakr I, ElArabi E, Fakher O, Hussien S, Ibrahim H, Menazae E, Rashad M, Sabbour S, **Yousef N**, Elkaluby E. A Multicenter Survey for Monitoring the Baby-Friendly Initiative in 6 University Hospitals in Egypt (2017-2018): A Comparative Analysis.

Open Journal of Social Sciences, 2018, 6, 293-306. ID:89610,14 pages [10.4236/jss.2018.612026](https://doi.org/10.4236/jss.2018.612026).

12. Mahmoud N, **Yousef N**, Essa R. The Relationship between Health Belief Model and Compliance with Therapeutic Regimen among Diabetic Pregnant Women. International Journal For Research In Health Sciences And Nursing February, 2018; 4(2).
13. Mohamed A, Abd Elwahed M, Tayel D, Madian A, **Yousef N**. Risk Factors and Nutritional Assessment among Early Adolescent Girls with Iron Deficiency Anemia in Damanhour City. Journal of Health, Medicine and Nursing, An International Peer-reviewed Journal, 2018; 52.
14. Ahmed A, **Yousef N**, Mahmed A. Effect of Implementing Traffic Safety Awareness Program on Driver's Knowledge Regarding Traffic Safety Practices in Alexandria - Egypt. IOSR Journal of Nursing and Health Science (IOSR-JNHS), Volume 7, Issue 4 Ver. XI (Jul.-Aug. 2018), PP 39-56.
15. Fouad R, **Yousef N**, Mohamed O. Relationship between Night Sleep and Day Time Sleepiness, Activities of Daily Living, and Cognitive Status of Community Dwelling Elders. Egyptian Journal of Health Care, 2017 EJHC Vol.8 No.1, 185-204.
16. Esheiba O, **Yousef N**. Knowledge Attitude and Barriers of Using Electronic Documentation among Nurses Working in Family Health Centers in Alexandria Governorate Egypt. World Congress on Nursing, April 05-07, 2017, Tryp Barcelona Apolo Hotel, Barcelona, Spain.
17. Ibrahim E , **Yousef N**. Abo-Elsoud H. Internet Addiction : A Comparative Study between Faculty of Nursing Students at Damanhour and Alexandria University. ZagazigNursing Journal, January, 2016; 12(1).
18. El Sherbini H, Abd Elrazik A, **Yousef N**. Challenges facing mothers of mentally disabled child: a qualitative study of mothers' experiences. Zagazig Nursing Journal, July 2016; 12(2).
19. Kassem F, **Yousef N** . Occupational Hazards and Safety Measures adopted by Port Workers in Alexandria, 13<sup>th</sup> International Scientific Nursing Conference in Collaboration with Kennesaw University "Toward Better Nursing Practice" University of Alexandria, Faculty of Nursing, 12-13 October 2015.
20. Kassem F, **Yousef N**. Experience of Middle Age Women regarding Menopause in Alexandria. Alexandria Scientific Nursing Journal, ASNJ Vol.17 No. 2, 2015.



- Acknowledged by Columbia University School of Nursing for the contribution to focus group discussion held on 19 March 2017 to Determine Regional Clinical Nursing Research Properties in Egypt

**Supervisor of master and doctoral thesis titled:**

- Attitudes of Primary Health Services Providers toward Female Genital Cutting: Comparative Study between Alexandria and El Behera Governorates.
- Risk Factors and Nutritional Assessment among Preparatory School Girls with Iron Deficiency Anemia in Damanhur City.
- Assessment of Contraceptives Use Dynamics, Switching, Dropout and Unmet Needs among Clients Attending Primary Health Care Settings in Rural Areas in Alexandria.
- Effect of Applying Educating Disaster Risk Reduction Program on Primary Schools Students in Alexandria.
- Eating Behaviors and Food Addiction among Adolescent in Alexandria.
- Infant Feeding Pattern and Weaning Practices among Mothers Attending Primary Health Care Settings at Damanhur City

**Doctorate title:**

- Risk Identification and Biosecurity Measures followed up for the Prevention of the Highly Pathogenic Avian Influenza among Sector Three Poultry Farms in El Gharbia Governorate. Doctorate Dissertation, Faculty of Nursing, Alexandria University, Egypt, 2013

**Master title:**

- Weight Variations among Preparatory school Girls in Alexandria. Master thesis, Faculty of Nursing, Alexandria University, Egypt, 2008

**Scientific Books:**

- Participated in Community Health Nursing Curricula Development, in Faculty of Nursing, for graduate and postgraduate level.
- Participated in Developing Disaster Risk Reduction Program guideline on Primary Schools Students in Alexandria.

**OTHER PROFESSIONAL CONTRIBUTIONS (eg. Memberships / Offices /**

**Committees / Examerships**

**1- Professional Membership:**

- Egyptian Nurses Association

- League of the High Institutes of Nursing Graduates, Alexandria, Egypt
- Member in Egyptian association of continuing medical education development 2017 (005368)
- Member in Mother Child Friendly Care Association 2018 (M-17-0051)

**2- Academic Position and Professional Experience/ Committees / Examinations:**

- Member of Library Committee at faculty of Nursing Alexandria University 2017-2018.
- Member of Community Service and Environmental Development Committee at faculty of Nursing Alexandria university 2017.
- Member of Postgraduate Exams and Control committee 2016-2017
- Member of Undergraduate Exams and Control committee 2016-2017.
- Member of the faculty strategic planning team (Faculty Quality Assurance Unit) 2014-till now.
- Member of the faculty Post Graduate standard. (Faculty Quality Assurance Unit) 2014-till now.
- Member of the faculty Community Participation Standard. (Faculty Quality Assurance Unit) 2014-till now.
- Member of the faculty Disaster Management committee. (Faculty Quality Assurance Unit) 2016-till now.
- Member of the faculty internal auditing committee. (Faculty Quality Assurance Unit) 2016-till now.
- Member of the faculty Evaluation and measurement committee. 2018-till now.

**SERVICE TO PROFESSION / PROFESSIONAL ACTIVITIES**

**PROFESSIONAL DEVELOPMENT:**

- Completed the Design an Online Course in 24 Hours Course, Hamdan Bin Mohammed Smart University, 2020.
- Completed the Be an Online Tutor in 24 Hours Course, Hamdan Bin Mohammed Smart University, 2020.
- Completed the Basic Life Support (BLS) European Resuscitation Council (ERC) Qualification, 2018.
- Course learning outcome mapping, Faculty of Nursing, Alexandria University, Egypt, 2018.

- Program and courses specification, Faculty of Nursing, Alexandria University, Egypt, 2018.
- Second Baby Friendly University Hospital Initiative (UBFI) workshop for preparing University hospitals to become centers of excellence for teaching Baby Friendly Practices, Faculty of Medicine, Alexandria University, Egypt, 2018.
- How to write a success grant proposal, Alexandria University, Egypt, 2018.
- Building a research trajectory, Alexandria University, Egypt, 2017.
- Completed the American Board Program about the Quality Management in baby friendly hospitals course with excellent grade. American board for quality science and technology (ABOST) in collaboration with the Regional center for Studies and Occupational Development RCSOD and Mother Child Friendly Care Association MCFC.2017.

**Community services:**

- Involved in Baby Friendly Hospital initiative monitoring at El-Shatby University Hospital, Alexandria University, Egypt, 2018 till now.
- Involved in raising the community health awareness through different campaigns targeting certain topics as, nutrition, early detection of non-communicable diseases 2016-2017
- Raising the children and mothers awareness through series of lectures about sex education and self protection activities (prevent sexual abuse) provided in nurseries, sport clubs 2014 -2018
- Presentation of health education session about breast self-examination and personal hygiene for preparatory and secondary students at Alazher, March 2016.
- Presentation of health education session about personal hygiene and dental care for primary school students at Alazher , December 2016.
- Participated in the 1st, 2nd Community Health nursing department Health Campaign for rural areas in Alexandria About hypertension, and pandemic influenza. November 2009, 2010, 2011.

**SOCIAL SKILLS AND COMPETENCES**

- Through work with various target groups, and work with other organizations, I developed good negotiating skills. Also, communication and team work represent

essential skills that I practiced in the last ten years in Academic work. Through my work I developed sensibility and ability to work in a multicultural environment.

- I am a self-conscious person; I communicate effectively with others in my environment, understand and identify others' feelings, having highly developed empathy. I possess problem solving skills as well as negotiating skills. I am capable of and prefer to plan ahead, to learn from experience, adopt and implement daily acquired knowledge and skills that I need to work with young people.
- Personal skills: professional, responsible, hardworking, persistent and initiative person, team player, communicative, willing to cooperate, capable of making independent decisions.
- In my work I am highly motivated that the needed activities and tasks are accomplished to the very end.

#### **MOTHER TONGUE**

- Arabic

#### **OTHER LANGUAGES**

- English
  - Reading skills (Excellent)
  - Writing skills (Excellent)
  - Verbal skills (Excellent)

#### **TECHNICAL SKILLS AND COMPETENCES**

- MS Office (Word, Excel, Power Point)
- SPSS - data processing and data analysis
- Adobe Photoshop and Movie maker
- Excellent ability in navigation through the Internet.

#### **REFERENCES**

- **Prof Dr.** Maaly Guiemi / Faculty of Nursing Alexandria University
- **Prof Dr.** Zakia Toma Toama / Faculty of Nursing Alexandria University
- **Prof Dr.** Faten Ezz Eldein Fikry/ Faculty of Nursing Alexandria University
- **Prof Dr.** Hend Hassen Metwally / Faculty of Nursing Alexandria University

**(SIGNATURE)**

**Neama Yousef Mohamed**

15/8/2020