

Curriculum Vitae



Personal Data;

Name: Maha Mohammed Abd El moniem Mabrouk Mohsen

Date & place of birth: 11/8/1981- El-Behira - Egypt

Nationality: Egyptian

Marital status: Married

Religion: Moslim

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Permanent Address:- Kafer El Dwar - El-Behira – Egypt.

Educational Qualifications;

- PhD. Gerontological Nursing, Faculty of Nursing, Alexandria University, Egypt, 2014.
- M.Sc Gerontological Nursing (Excellent), Faculty of Nursing, Alexandria University, Egypt, 2009
- B.Sc Nursing (very good honor degree), Faculty of Nursing, Alexandria University, Egypt, 2002.

Academic Position and professional Experience:

- 2004-2009: **Demonstrator**, Gerontological Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2009 -2014: **Assistant Lecturer**, Gerontological Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2014- till 2019:**Lecturer**, Gerontological Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2020: **Assistant professor**, Gerontological Nursing Department. Faculty of Nursing, Alexandria University, Egypt.

Computer skills:

- Successfully passed all modules required for the granting of the International Computer Driving Licence (ICDL) ,2013

Language skills:

Arabic (mother tongue) and English (fluent)

- Completed a **TOFEL** course from Language Studies and Translation Center in September 2012
- Completed a **TOEFL** preparatory course from the ESP center of Alexandria during the period from 21/6/2008 to 27/7/2008 and passed the final exam with a general grade of excellent

PROFESSIONAL AND SCIENTIFIC ACTIVITIES:

A. Projects

- Involved in independent monitoring of polio campaign in Egypt in National polio eradication program, in collaboration with WHO from 2004-2009.
- Participated in scientific Project titled “Development of the student’s abilities by giving health education through public convoys” Faculty of Nursing - Alexandria University. 2014-2015.

B. Pupliction

- 1- **Abd El-Moniem MM**, Mahfouz MI, Hussein HA. Geriatric Inpatients Perception of Nurses’ Communication: the Relationship between Patient-Centered Communication Practices and Satisfaction with Nursing Care. World Journal of Nursing Sciences 2015; 1 (3): 138-51
- 2- Mahfouz MI, **Abd El-Moniem MM**, El Desoky GM. Age and gender - related differences in health anxiety and perceived anxiety-control level among patients with acute cardiac syndrome. IOSR Journal of Nursing and Health Science (IOSR-JNHS) 2018;4(7): 56-74
- 3- **Abd El-Moniem MM**, Saleh MS, Hassan EA. Critical care nurses' attitudes toward ageism and its relation to their perception of geriatric patients' advocacy behaviors. **International Journal of Novel Research in Healthcare and Nursing** 2019; Vol. 6, Issue 2, pp: (1519-1529), Available at: www.noveltyjournals.com

- 4- **Abd El-Moniem MM**, Dawood Sh . Relationship between the Health Literacy of Geriatric Patients with Chronic Diseases and Their Adherence to the Prescribed Medications. World Journal of Nursing Sciences 4 (3): 84-97, 2018
- 5- **Abd El-Moniem MM**. The perceived Stressors and Coping schemes of Geriatric Patients Undergoing Hemodialysis in Egypt. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 8, Issue 4 Ser. I. (July-Aug .2019), PP 59-69.
- 6- **Abd El-Moniem MM**, Hassan BH, El Tohamy OE. Relationship between chronic low back pain and functional ability of community dwelling older adults. International Journal of Novel Research in Healthcare and Nursing Vol. 6, Issue 2, pp: (1340-1354), 2019, Available at: www.noveltyjournals.com Page | 1340 Novelty Journals

C. Professional Organization Membership:

- Member of the Measurement and assessment unit- faculty of nursing from 2018 till now
- Egyptian Nurses Syndicate
- League of the High Institutes of Nursing Graduates, Alexandria, Egypt.
- Member of the implementation team quality assurance unit in the faculty of nursing since 2006.
- Member in Gerontological Nursing Department council from 2014 till now
- coordinator of the disaster management unit in the faculty of nursing from 2019 till now

D. Teaching skills

- Participate in teaching the following courses
 - **Gerontological nursing course** for 4th year students- Faculty of Nursing - Alexandria University.
 - **Geriatric Medicine course** for 4th year undergraduate students.
 - **psychosocial aspects of old age course** for 4th year undergraduate students Faculty of Nursing - Alexandria University.

- **Clinical teaching and training** of undergraduate nursing students on different aspects of nursing care in the different clinical setups (hospitals, critical care units, different specialties of outpatient clinics, and elderly homes).
- **Co ordinator of E-Learning for the gerontological Nursing course** using Modular Object Oriented Dynamic Learning Environment (MOODLE) for E-learning 2018-2019
- **Co ordinator of E-Learning for the geriatric medicine course** using Microsoft teams platform for E-learning 2020-2021
- **Post graduates supervision**
 - Effect of Lavender Oil Inhalation versus Acupressure on Anxiety Level of Geriatric Patients Undergoing Hemodialysis (PHD thesis).
 - The relationship between nocturia,,sleep quality, and Day time energy Among Community Dwelling older Adults (Master thesis)
 - The relationship between sense of coherence, resourcefulness and functional health status of geriatric patient with diabetes mellitus (Master thesis).

E. Trainer:

- Participating in the preparation and implementation of a training program entitled "**The Flipped Classroom and Second Generation Internet Applications**" at the Information Technology Center at the College of Nursing, under the umbrella of the Educational Innovations and Distance Learning Unit at Alexandria University, to train the faculty members in the faculty on how and the importance of using the flipped class strategy and also training To use visual scientific content production tools, content preservation tools, electronic questionnaires, design mind maps, and upload content on various educational platforms on April 22 and 24, 2019.
- participated in training program of "**Developing skills of older adults caregivers**" held at Alexandria regional center for women 's health and development ,Alexandria in 2009.

- participated in training program of "**Geriatric care nursing**" held at Alexandria regional center for women 's health and development ,Alexandria in 2019.
- Participated in scientific Project titled "**Development of the student's abilities by giving health education through public convoys**" Faculty of Nursing - Alexandria University. 2014-2015.
- Participation in the training and preparation of older adults' caregivers in faculty of nursing , Alexandria university in collaboration with (نادى روتارى (الاسكندرية غرب , جمعية دعم مصر , ونادى انرويل سيورتنج)
- Participation in the training and preparation of older adults' caregivers of Dar Ahmos Khalefa, in the faculty of nursing Training Unit.
- Training of caregivers on different aspects of nursing care in the different community health services setups (e.g. home care, elderly home, and hospital) from 2004 till now.
- **Internal audit** of the **administrative departments** at Faculty of Nursing - Alexandria University 2019
- **Internal audit** of the **scientific departments** at Faculty of Nursing - Alexandria University 2020

F. Training Courses and workshops:

- Attended a training course (TOT) entitled "**Flipped classroom strategy**" in the field of educational innovations and distance education at the Educational Innovations and Distance Learning Unit at Alexandria University from 31-3-2019 to 4-4-2019 at the Faculty of Agriculture, Alexandria University
- Attended a training course entitled "**How to develop and Moderate an E-learning Course on Moodle**" during the period 27 May-18 July 2018 Faculty of Nursing, Alexandria University.

- Attended a training course entitled **Self Evaluation For Higher Educational institutes** during the period December 20-22, 2014 certified by the National Authority for Quality Assurance and Accreditation of Education.
- Participated in the training workshop under theme of Application of National Academic Reference Standards (**NARS**), ninth December 2014. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of **Rubric**, December 2014. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of using scanner in evaluation of exams -orientation to remark office (**OMR**), December 2014. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**How to be assertive**”, February 2016. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**Scenario Based Learning**”, November 2014. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**Time Management**”, 19/3/ 2017. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**Good Governance**”, 22/10/ 2017. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**Bulding a research trajectory**”, 2017. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “ **Requirement of International Publishing**”, 2017. Faculty of Nursing, Alexandria University.
- Participated in the training workshop under theme of “**Course Learning Outcome Mapping**”, 7/2018. Faculty of Nursing, Alexandria University.
- Attended in different training programs related to Faculty and Leadership Development Project- Faculty and Leadership Development Center (FLDC) - Alexandria university - Egypt, under theme of :-

- Effective teaching skills (T1), July 28-31,2007

- Thinking skills (p1), August 19-21,2006
 - Communication skills (12), August 18-20,2007
 - Research methodology (R1), August 26-29,2006
 - Credit Hour System(D1)), August 21-23,2007
- Attended in different training programs related to Faculty and Leadership Development Project- certified by **International Board of Certified Trainers European Division** (IBCT), Faculty and Leadership Development Center (FLDC) - Alexandria university - Egypt, under theme of:-
 - Organizing Scientific Conferences January 23-24, 2012
 - Quality Standards in Learning, February 1-2,2012
 - Ethical Conduct and Code of Ethics, February 25-26, 2012
 - Student Evaluation and Examination Techniques, February 27-28, 2012
 - International Publishing of Research, February 8-9,2014
 - Strategic Planning , April 19-20, 2014
 - Research Team Management August 19-20,2015
 - SPSS August 22-25,2016
 - Electronic Learning September 5-6,2016
 - University Legal and Financial Aspects May 20-21,2017
 - Designing and Developing the Digital Content May 24-25,2017

G. Conferences and Scientific Meeting

- Participated as a speaker with title (Coping with Retirement Among Egyptian Older Adults) in the 6th International Scientific Conference of the Faculty of

Nursing Under the theme of" Integration in Health Care: A Step Towards Health System Evolution", Faculty of Nursing, Suez Canal University22-23th February, 2017 Ismailia, Egypt.

- Participated as a speaker with title (The Value of Senior Mentoring) in the 10th Annual Scientific Conference in Nursing Administration Department under theme of “Nursing Leadership: From Nostalgic Identity to Future Success”, 18th April 2018, Faculty of Nursing, Alexandria University.
- Participated as a speaker with title (Atypical Presentations of Geriatric Diseases and the nurses role) in the 4th Annual Scientific Nursing meeting, 4-6th April, 2018 Alexandria Police Hospital.
- Participated as a speaker with title (Empowering the older women with breast cancer) the 1st Annual Scientific Conference of Cancer Management & Research Department (CM&RD), Medical Research Institute, Alexandria University, 19th April 2018, Helton Alexandria Corniche.
- Participated as a speaker with title (community services provided by the geriatric nurse) at the Geriatric medicine annual Conference Under the theme of "Inflamm-Ageing and chronic diseases: from bench to bedside", 27th of December 2018, Faculty of Medicine, Alexandria University
- Participated in the Interactive session: Infection Control, Old Problems and New Challenges in the 4th annual Scientific Congress of Cardiology& Critical Care, Alexandria Police Hospital, 4-6th April 2018, Royal Tolip Hotel, Alexandria.
- Attended the 9th International Scientific Nursing Conference under theme of Accreditation and Nursing Vision and Challenges, 20-22ndNovember, 2007 Faculty of Nursing, Alexandria University.
- Attended the 2nd second scientific meeting of the Community Health Nursing Department under theme of Youth and Adolescent Health, 1st of December 2014. Faculty of Nursing, Alexandria University.

- Attended the Eights Annual Scientific Meeting of the Pediatric Nursing Department under theme of Pediatric Nursing Approaches in Chronic Illnesses, 24th April 2012. Faculty of Nursing, Alexandria University.
- Attended the 12th International Scientific Nursing Conference under theme of Accredited Higher Education Institutions: Challenges & Strategies, 15 – 16th May 2013, Faculty of Nursing- Alexandria University.
- Attended the 3rd Scientific Conference in Nursing Education Department under theme of " Its time to click and update", 7th September 2014, Faculty of Nursing, Alexandria University.
- Attended the 7th annual Scientific Conference in Nursing Administration Department under theme of “Hospital Management”, 12th August 2014, Faculty of Nursing, Alexandria University.
- Participated in the 7th annual Scientific Conference in Critical Care and Emergency Nursing Department under theme of “Integrating Evidence-Based Research in Acute Care Nursing Practice, 15th May 2012, Faculty of Nursing, Alexandria University.
- Participated in the 10th annual Scientific Conference in Critical Care and Emergency Nursing Department under theme of “Advances in critical Care and Emergency Nursing, 5th April 2016, Faculty of Nursing, Alexandria University.
- Attended the 10th Annual Scientific Meeting of the Pediatric Nursing Department under theme of “Road Map Towards Better Children's Health” 19th April 2016. Faculty of Nursing, Alexandria University.
- Attended the 5th annual Scientific Conference in Nursing Administration Department under theme of “Transforming Health Care Challenges into Opportunities”, 18th April 2012, Faculty of Nursing, Alexandria University.
- Attended and actively participated in the 6th International Annual Conference of Infection Control. Four hour Accredited by the Medical Military Academy Under

the theme of" Novel Strategies In Infection Control And Prevention", 18-19th October, 2017 Armed Forces Hospital, Alexandria, Egypt.

- Attended the Geriatric Unite annual Conference Under the theme of "Update in Geriatric Giants", 9th of December 2017, Faculty of Medicine, Alexandria University.
- Participatd in the 14th International Scientific Nursing Conference I collaboration with Kennesaw University Under the theme of" Nursing Role In Leading And Advancing The Global Health", Faculty of Nursing, Alexandria University 10-11th December, 2017 Alexandria, Egypt.
- Attended and participated in the activities of the 20th International Scientific Conference of Alexandria Thoracic Association, Faculty of Medicine, Alexandria University 23-24th November, 2017 Alexandria, Egypt.
- Attended the 9th Annual Scientific Meeting of the Medical Surgical Nursing Department, under theme of “Evidence Based Practice in Health Promotion: Challenges& Strategies” 21th November 2017.Faculty of Nursing, Alexandria University.
- Attended the 4th Annual Scientific Meeting of the Community Nursing Department, under theme of “Adolescence: The Road To The Future” 28th November 2017.Faculty of Nursing, Alexandria University.
- Attended the 4th annual Scientific Congress of Cardiology& Critical Care, Alexandria Police Hospital, 4-6th April 2018, Royal Tolip Hotel, Alexandria.
- Attended the 4th annual Scientific Congress of medical departments, Alexandria Police Hospital, Mars 2018, Royal Tolip Hotel, Alexandria.
- Attended the 6th International annual Conference of Department of Surgery in conjoint with 5th International Pediatric Surgery Unit Conference, Surgi Alex Alexandria Police Hospital, 25-27th April 2018, At Tolip Hotel, Alexandria.

- Attended the Alex Gastro Forum 2018 conference of The Egyptian Society Of Gastroenterology Motility and Hepatology (ESGMH) , 26th April 2018, At Tolip Hotel, Alexandria.
- Participated in the 8th Annual Scientific Conference in Nursing titled “Nursing development by integrating with related Sciences”, 15-17th April 2018, Faculty of Nursing, Beni-Suef University.
- Attended and participated in the activities of the 1st Conference of the Egyptian Gastro-Hepato oncological Summit 6th-7th December 2018,Alexandria, Egypt.
- Attended and participated in the activities the 1st International Hematology Forum 12th-14th December 2018, Faculty of Medicine, Alexandria, Egypt.
- Attended and participated in the activities the 10th National Diabetes Congress(DIAEGYPT 2018) 31 Oct-1Nov 2018,Cairo, Egypt

Signature

Assist. Prof. Dr. Maha Mohammed Abd El Moniem