

# CURRICULUM VITAE

## **Mohamed Ezzelregal Mohamed Abosaba Abdelgawad**

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### PERSONAL INFORMATION:

- Date of Birth: 1<sup>st</sup> Oct. 1987.
- Place of birth: Berket El Saba, Al Minufya, Egypt.
- Sex: Male.
- Marital Status: Married.
- Nationality: Egyptian.
- Religion: Muslim.
- Military Service: Finished.

### PERSONAL STATEMENT:

My short term goals, I look forward to broaden my experience in critical care and emergency nursing. In addition to, publish and apply my research results to improve the quality, of the nursing care in Egypt. Also. I am looking for exposure to a new learning and social environments that will upgrade my personal and academic characters. As regard my long term goals, they include: to be a pioneer in the area of critical care and emergency nursing, establish a joint agreement in education and research "student exchange" between my home faculty in Egypt and the hosting one abroad that will reflected positively on the research and education in the area of critical care and emergency nursing. Moreover, I hope to be an editor in a journal specialized in critical care and emergency nursing research. Finally, I would like to become the future leader in my profession at my home country.

## **EDUCATION:**

- PhD of Nursing Science "Critical Care & Emergency Nursing" at Faculty of Nursing, Alexandria University, Egypt. (2018).
- Master of Nursing Science "Critical Care & Emergency Nursing", Faculty of Nursing, Alexandria University, Egypt (2015).
- Bachelor of Nursing Science, Faculty of Nursing, Alexandria University, Egypt, Excellent honor degree (2008).

## **WORK HISTORY:**

- *Assistant Lecturer* of Critical Care & Emergency Nursing, Faculty of Nursing, Alexandria University. (February, 2015 till October, 2018).
- *Demonstrator* of Critical Care & Emergency Nursing, Faculty of Nursing, Alexandria University. (February, 2010 till February, 2015).
- *Hospital Nursing Supervisor* at Shark El Madina Hospital, Alexandria, Egypt (July, 2012 till July, 2014)
- *Medical-Surgical & Critical care nursing specialist* at El Shefa Hospital, Alexandria, Egypt (May 2008 till October 2012).
- *Neuropsychiatric & Addiction care nursing specialist* at New Nozha hospital Alexandria, Egypt (March 2009 till October, 2009).
- *Clinical Teaching* of the following undergraduate courses (critical care nursing I, critical care nursing II, emergency nursing) at Faculty of Nursing, Marsa Matrouh Branch, Alexandria University (February 2013 till July, 2014).

## **CURRENT WORK AND ROLES:**

- *Lecturer* of Critical Care & Emergency Nursing, Faculty of Nursing, Alexandria University. (October, 2018 till now).
- *Lecturer* of Critical medicine course, Technical institute of Nursing, Faculty of Nursing, Alexandria University. (October, 2018 till now).
- *Lecturer* of Applied nutrition for the critically ill patients, Technical institute of Nursing, Faculty of Nursing, Alexandria University. (October, 2018 till now).
- *Clinical Teaching* of the following undergraduate courses (critical care nursing I, critical care nursing II, emergency nursing) at faculty of nursing, Alexandria University. (February, 2010 till now).

- *Coordinator and ICU charge nurse* of Faculty of nursing and faculty of medicine partnership at (Al Mouwasat University Hospital ICU). (September, 2015 till now).
- *Critical care & Emergency Nursing department Coordinator of E-Learning* at E-Learning council, Faculty of Nursing, Alexandria University. (January, 2018 till now).
- *Critical care & Emergency Nursing department Coordinator of laboratories* at Laboratories council, Faculty of Nursing, Alexandria University. (October, 2018 till now).
- *Critical care & Emergency Nursing department Coordinator of internship* at internship council, Faculty of Nursing, Alexandria University. (October, 2018 till October, 2019).
- *Critical care & Emergency Nursing department Coordinator of Evaluation* at measurement and assessment unit, Faculty of Nursing, Alexandria University. (January, 2019 till now).
- *Deputy Manager of E-Learning* at E-Learning council, Faculty of Nursing, Alexandria University. (March, 2018 till now).
- *Supervisor of Bedayet Fekra Team – Faculty of nursing “student’s activities”* at Faculty of Nursing, Alexandria University. (February, 2019 till now).
- *Certified Hospital Information System (HIS) Trainer* at Faculty of Nursing, Alexandria University. (February, 2020 till now).
- *Thesis Supervisor for Master and Doctorate students*

### **TRAINING:**

- Basic life support course, Faculty of Nursing, Alexandria University. (May, 2006).
- Airway Management Course, Faculty of Nursing, Alexandria University (December, 2009).
- Ethical Issues in Nursing Education, Faculty of Nursing, Alexandria University (April, 2010).
- Effective Presentation Skills, Faculty and Leadership Development Centre, Alexandria University (August, 2013).
- Reference Management System "End note", Faculty and Leadership Development Centre, Alexandria University (August, 2013).
- The use of Technology in Teaching, Faculty and Leadership Development Centre, Alexandria University (August, 2013).
- International Publishing of researches, Faculty and Leadership Development Centre, Alexandria University (July, 2014).
- Quality Standards in Learning, Faculty and Leadership Development Centre, Alexandria University (July, 2014).

- Credit Hours System, Faculty and Leadership Development Centre, Alexandria University (July, 2014).
- Development Course, Faculty of Nursing, Alexandria University with the collaboration with the workers of Human Development Syndicate (2014). Includes:
  - Work Interview
  - Self-breeding
  - Self-accountability
  - Creative Thinking
  - Body Language
  - Human Development
  - Social Wealth
  - Anger Management
  - Successful Leader
  - How to become a media spokesman ?
  - The art of communication
- Research Ethics, Faculty and Leadership Development Centre, Alexandria University (March, 2017).
- University legal and financial aspects, Faculty and Leadership Development Centre, Alexandria University (March, 2017).
- Designing and developing the digital content, Faculty and Leadership Development Centre, Alexandria University (March, 2017).
- The use of international database, Faculty and Leadership Development Centre, Alexandria University (April, 2017).
- Time and meetings management, Faculty and Leadership Development Centre, Alexandria University (April, 2017).
- Rights and duties of university staff assistants, Faculty and Leadership Development Centre, Alexandria University (May, 2017).
- Basic life support, European resuscitation council, (July, 2018).
- Designing and scoring electronic exam sheets using OMR program, Faculty of nursing, Alexandria university (February, 2019).
- Writing objective questions, Faculty of nursing, Alexandria university (March, 2019).
- Ethics in nursing education, Faculty of nursing, Alexandria university (April, 2019).
- Manuscript Preparation and submission, Elsevier and Egyptian Knowledge Bank (EKB) (April, 2020).
- Elsevier core and research intelligence solutions on EKB, Elsevier and Egyptian Knowledge Bank (EKB) (April, 2020).
- Treatment of infectious disease and immunocompromised patient, Harvard Medical School (April, 2020)
- Managing vulnerable population and COVID-19, Harvard Medical School (April, 2020)
- Coping with the stress of coronavirus, Harvard Medical School (April, 2020)
- ICU management of coronavirus patients, Harvard Medical School (April, 2020)

- Ethical and Psychological issues in management of COVID-19, Harvard Medical School (April, 2020)
- COVID-19 Pulmonary, ARDS and Ventilator Resources, American Association of Critical Care Nurses (AACN) (May, 2020).
- Design an Online Course, Hamdan Bin Mohammed Smart University, UAE (May, 2020).
- Be an Online Tutor, Hamdan Bin Mohammed Smart University, UAE (May, 2020).
- International Journal Publication: How to be there ? Taining Unit, Faculty of Nursing, Alexandria University, Egypty (May , 2020).
- Using the global databases through the Egyptian Knowledge Bank. Taining Unit, Faculty of Nursing, Alexandria University, Egypty (May , 2020).
- Practical tips for joining leading bodies in public health including working for WHO. Taining Unit, Faculty of Nursing, Alexandria University, Egypty (May, 2020).
- Statistical Analysis using SPSS, Faculty and Leadership Development Centre, Alexandria University (July, 2020).
- Electronic content design, Faculty and Leadership Development Centre, Alexandria University (July, 2020).
- Research Projects Implementation and research team managment, Faculty and Leadership Development Centre, Alexandria University (July, 2020).
- Learning Management System (LMS): Moodle Platform, ADIP, Alexandria University (August, 2020).
- OSCE: How to conduct?, Faculty of Nursing, Alexandria University, Egypty (October, 2020).

### **CONFERENCES:**

- First Obstetrics & Gynecologic Nursing Annual Conference, Faculty of Nursing, Alexandria University. (April, 2007).
- Fourth Annual Scientific Meeting of Nursing Administration Department, Faculty of nursing, Alexandria University ( july, 2010).
- Fifteenth Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt ( september, 2011).
- First Student conference for Critical Care and Emergency Nursing Department students, Faculty of nursing, Alexandria University ( March, 2012).
- Nienth Annual Scientific Meeting of Critical Care and Emergency Department, Faculty of nursing, Alexandria University ( May, 2012).

- Sixteenth Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt ( september, 2012).
- Seventeenth Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt ( October, 2013).
- Eighteenth Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt (september, 2014).
- Nineteenth Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt (October, 2015).
- Tenth Annual Scientific Conference. Advances In Critical Care & Emergency Nursing, Faculty of nursing, Alexandria University (April, 2016).
- Fifth Annual congress of The Egyptian Society Of Critical Care And Emergency Medicine, Hilton Green Plaza Hotel, Alexandria (May, 2016).
- Seventeenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (May, 2016).
- Twentieth Alexandria Anesthesia & Intensive Care Conference , Hilton Green Plaza Hotel, Alexandria, Egypt (October, 2016).
- Fifth Annual International Conference of Infection Control, Alexandria Armed Forces Hospital, Alexandria, Egypt (October, 2016).
- Seventeenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (May, 2017).
- The first international conference of Alexandria University, Faculty of Medicine conferences hall, Alexandria, Egypt (September, 2017).
- The twentieth one Anesthesia & Intensive Care Conference, Hilton Green Plaza Hotel, Alexandria, Egypt (October, 2017).
- Ninth national conference The Egyptian Society of Diabetes & Lipidology of Egypt, Intercontinental Cairo city stars, Cairo, Egypt (November, 2017).
- Fourteenth International Scientific Nursing Conference “Nursing Role in Leading and Advancing the Global Health”, Alexandria University Hall, Faculty of Nursing, Alexandria-Egypt (December, 2017).
- Sixth Annual congress of The Egyptian Society Of Critical Care And Emergency Medicine, Hilton Green Plaza Hotel, Alexandria (February, 2018).
- Eighteenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (June, 2018).

- The twentieth two Anesthesia & Intensive Care Conference, Hilton Green Plaza Hotel, Alexandria, Egypt (October, 2018).
- Eleventh critical care and emergency nursing congress, Faculty of Nursing, Alexandria University, Egypt (March, 2019).
- Fifth (4C) Annual cardiology and critical care conference, Alexandria Police hospital, Alexandria, Egypt. (April, 2019).
- Second Annual research conference for undergraduate students, Faculty of nursing, Suez Canal University, Ismaelia, Egypt. (April, 2019).
- The sixth Egyptian congress of pediatric pulmonology, Bibliotheca Alexandria, Alexandria, Egypt (May, 2019).
- Nineteenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (June, 2019).
- Twentieth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (October, 2020).

### **PRESENTATIONS:**

- *Re-feeding syndrome: What's new ?* Sixteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2012).
- *Facilitators and barriers to nutritional adequacy in Intensive Care Units.* Seventeenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (October, 2013).
- *Napping in Intensive Care Unit with or against ?* Seventeenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (October, 2013).
- *Critical care intern nurse stressors' and their management strategies.* Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014).
- *Pain assessment and management in critical and medical-surgical setting.* Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014).
- *The effect of feeding interruption on the nutritional status of critically ill patients.* Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014).
- *Nosocomial Malnutrition in Intensive Care Units.* Nineteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (October, 2015).

- *Critical care outreach services.* Fifth Annual congress The Egypt Society Of Critical Care And Emergency Medicine, Hilton Green Plaza Hotel, Alexandria (May, 2016).
- *Nurse led enteral nutrition protocols.* Twentieth Alexandria Anesthesia & Intensive Care Conference , Hilton Green Plaza Hotel, Alexandria, Egypt (October, 2016).
- *Basic life support for lay people.* Workshop in the first international conference of Alexandria university, Faculty of medicine hall, Alexandria, Egypt (September, 2017)
- *Bowel care in ICU: What is wrong and What is right ?* Twentieth one Alexandria Anesthesia & Intensive Care Conference , Bibliotheca Alexandria, Alexandria, Egypt (October, 2017).
- *Blood products transfusion in critical care units : what the evidence say?* Sixth Annual congress of The Egypt Society Of Critical Care And Emergency Medicine, Hilton Green Plaza Hotel, Alexandria (February, 2018).
- *Physical Examination For Critically Ill Patients workshop.* Sixth Annual congress of The Egypt Society Of Critical Care And Emergency Medicine, Hilton Green Plaza Hotel, Alexandria (February, 2018).
- *Central venous line: value, how to measure and care, complications.* Eighteenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (June, 2018).
- *Effect of applying nurses driven electrolyte repletion protocol on electrolyte disturbances control among the critically ill patients:* The twentieth two Anesthesia & Intensive Care Conference, Hilton Green Plaza Hotel, Alexandria, Egypt (October, 2018).
- *Family centered care in critical care units:* Eleventh critical care and emergency nursing congress, Faculty of Nursing, Alexandria University, Egypt (March, 2019).
- *Gabs and mishaps in critical care nursing practice:* Fifth (4C) Annual cardiology and critical care conference, Alexandria Police hospital, Alexandria, Egypt. (April, 2019).
- *Management of life threatening dysrhythmia in ICU:* Nineteenth Annual conference CardioAlex, Bibliotheca Alexandria, Alexandria, Egypt (June, 2019).

### **PUBLICATIONS:**

1. Abdelgawad M, Mohamed N, Abdelrehem N, Asfour H. The relationship between nursing practice and nutritional adequacy of critically ill enterally fed patients. Published master thesis in Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014), Faculty of Nursing, Alexandria University.



2. Atrous M, Abdelgawad M, Altaybani S. Critical care intern nurse stressors' and their management strategies. Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014).
3. Abdelgawad M, Mohamed N, Abdelrehem N, Asfour H. The effect of feeding interruption on the nutritional status of critically ill patients. Eighteenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (September, 2014). [Paper from master thesis].
4. Abdelgawad M, Shalabi S, Altaybani S. Nurse's practices and attitudes regarding napping in Intensive Care Units. Seventeenth Alexandria Anesthesia & Intensive Care Conference, Bibliotheca Alexandria, Alexandria, Egypt (October, 2013).
5. Abdelgawad M, Taha N, Abd El-Rehim N, Asfour H. (2016) Enteral Nutrition in Intensive Care Units: Factors that Hinder Adequate Delivery. J Nutri Med Diet Care 2:2016.
6. Abdelgawad M, Taha N. Ahmed, Elmenshawy A. (2020) Effect of applying nurses driven electrolyte repletion protocol on electrolyte disturbances control among critically ill patients. Journal of Nursing Education and Practice.

### **COMMUNITY SERVICES:**

- Training of health insurance nurses about " *Basic life support* " ( from 2010 till now).
- Training of Alexandria nursing syndicate members about " *Advanced critical care nursing* " held in Alexandria Regional Center for Women's Health and Development, Alexandria, Egypt ( from 2013 till now).
- Training of Alexandria nursing syndicate members about " *Mechanical Ventilation and Acid base imbalance* " (April, 2013).
- Training of intern students about " *Basics and Advanced Critical Care Nursing* " (from 2010 till now).
- Training of university students about " *Basic life support* " (April, 2014).
- Training of Alexandria graduates nurses " *Basics and Advanced Critical Care Nursing* " (from 2015 till now).
- Moodle: How to use? , E-Learning Unit, Faculty of Nursing, Alexandria University, Egypt (September , 2020).
- Mastery of ECG Basics. Taining Unit, Faculty of Nursing, Alexandria University, Egypt (May , 2020).

- Endnote Vesrion 9. Taining Unit, Faculty of Nursing, Alexandria University, Egypt (May , 2020).
- Egyptian Knowledge bank (EKB) Made easy, Measurment and assessment Unit, Faculty of Nursing, Alexandria University, Egypt (May, 2020).
- One drive management, E-Learning Unit, Faculty of Nursing, Alexandria University, Egypt (September , 2020).

### **BOOKS:**

- Critical Care and Emergency Nursing Department. Emergency Nursing. 5th ed. Faculty of Nursing, Alexandria University; 2019.
- Critical Care and Emergency Nursing Department. Clinical evaluation guide. 2nd ed. Faculty of Nursing, Alexandria University; 2019.
- Critical Care and Emergency Nursing Department. Clinical evaluation guide. 1st ed. Faculty of Nursing, Alexandria University; 2018.
- Critical Care and Emergency Nursing Department. Procedure Manual in Critical Care and Emergency Nursing. 7th ed. Faculty of Nursing, Alexandria University; 2018.
- Critical Care and Emergency Nursing Department. Critical Care and Emergency Nursing. 5th ed. Faculty of Nursing, Alexandria University; 2018.
- Critical Care and Emergency Nursing Department. Procedure Manual in Critical Care and Emergency Nursing. 7th ed. Faculty of Nursing, Alexandria University; 2016.
- Critical Care and Emergency Nursing Department. Procedure Manual in Critical Care and Emergency Nursing. 6th ed. Faculty of Nursing, Alexandria University; 2015.
- Critical Care and Emergency Nursing Department. Procedure Manual in Critical Care and Emergency Nursing. 5th ed. Faculty of Nursing, Alexandria University; 2013.

### **PARTICIPATION IN THE FOLLOWING WORK SHOPS :-**

- Mechanical Ventilation ( Critical Care & Emergency Nursing Department, Faculty of Nursing , Alexandria University ) March, 2010.
- What's new in clinical nutrition practice ? ( ASAIC, Biblotheca Alexandria, Egypt) september, 2011.
- Intra aortic ballon pump ( ASAIC, Biblotheca Alexandria, Egypt) september, 2011.
- Resusitation new guidelines ( ASAIC, Biblotheca Alexandria, Egypt) september, 2011.
- How to critically Appraise a scientific article? ( ASAIC, Biblotheca Alexandria, Egypt) september, 2011.
- Hemodynamics ( ASAIC, Biblotheca Alexandria, Egypt) september, 2011.

- Truma Tutorial ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2011.
- Fibrotic ( Flexible – Rigid ) for difficult airway management ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2011.
- E- Learning, Faculty of Nursing , Alexandria University (October, 2011).
- Mechanical Ventilation ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2012.
- Cardiopulmonary Resuscitation by European Resuscitation Counsel Team "ERC" ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2012.
- To Err is human: anatomy and physiology ( ASAIC, Bibliotheca Alexandria, Egypt) october, 2013.
- Empowering critical care nurses to be effective agents of change ( ASAIC, Bibliotheca Alexandria, Egypt) october, 2013.
- Airway Management ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2014.
- Trauma ( ASAIC, Bibliotheca Alexandria, Egypt) september, 2014.
- Scinario Based Learning, Faculty of Nursing , Alexandria University (Augest, 2014).
- Nursing graduates workshop ( ASAIC, Hilton Green Plaza Hotel, Alexandria, Egypt) October, 2016.

#### **RESEARCH AREA OF INTEREST: (h-index = 1) google scholar**

- Nutrition therapy in critical illness.
- Nurse led protocols in critical care units.
- Palliative/End-of-Life care in critical care units.
- Safety in critical care units.
- Clinical teaching in critical care units.
- Nursing Informatics in critical care units.
- Critical care environment.
- Quality assurance in critical care units

#### **PROJECTS:**

- Student's Peer Teaching and Human Development Project, Faculty of Nursing, Alexandria University with the collaboration with the wokers of Human Development Syndicate (2014).
- The 6<sup>th</sup> goal of faculty project "Graduates project", Faculty of Nursing, Alexandria University with the collaboration with the wokers of Human Development Syndicate (2014).

#### **HOPPIES AND INTERESTS:**

- Reading " Nursing, medical, religion, history, geography and politique" .
- Traveling.

- Cooking

### **OTHER INFORMATION:**

- Member of Syndicate of Nursing Profession
- Member of the Egyptian association of Nursing Faculties Graduates.

### **REFERENCES:**

- 1- Nadia Taha, Professor of critical care& emergency nursing, Faculty of Nursing, University of Alexandria, Egypt. [Nadia\\_Taha\\_4@hotmail.com](mailto:Nadia_Taha_4@hotmail.com), Mobile +201222892068
- 2- Azza El Soussi, Professor of critical care& emergency nursing, Faculty of Nursing, University of Alexandria, Egypt. [aelsoussi@gmail.com](mailto:aelsoussi@gmail.com), Mobile +201227610118.
- 3- Maha Adel Salem, Professor of Medical Surgical Nursing, University of Alexandria, Egypt. [Mahaadel52@yahoo.com](mailto:Mahaadel52@yahoo.com), Mobile + 01227610129.
- 4- Nagwa Reda, Professor of critical care& emergency nursing, Faculty of Nursing, University of Alexandria, Egypt. [Nagwacc@hotmail.com](mailto:Nagwacc@hotmail.com), Mobile +201001697687.