

CURRICULUM VITAE

Personal Data:

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Educational Qualifications:

- Ph.D., Community Health Nursing-Faculty of Nursing, Alexandria University, Egypt, 2014.
- M.S.N Community Health Nursing (Excellent), Higher Institute of Nursing, Alexandria University, Egypt, 2006.
- B.S.N., Bachelor of Nursing Science, Faculty of Nursing Alexandria University, Egypt, 1998
- Bachelor Degree in Preparation of kindergarten teacher, Faculty of Early Childhood Education Cairo University .Egypt 2019

Academic Position and Professional Experience:

- Member of *Community Service and Environmental* Development Committee at faculty of Nursing Alexandria university 2017
- Member of Exams and Control committee member 2016-2017
- Member of the faculty strategic planning team (faculty quality assurance) 2016-2017
- Worked as students' academic advisor/counselor.

2020

Assistant professor

2014-2020

Lecturer in Community Health Nursing Department, Faculty of Nursing , Alexandria University, Egypt

- 2006-2014 **Assistant lecturer** in Community Health Nursing Department, Faculty of Nursing , Alexandria University, Egypt
- 2000-2006 **Demonstrator** in Community Health Nursing Department, Faculty of Nursing , Alexandria University, Egypt
- 1999-2000 **Clinical instructor** in Public Health nursing department. Alexandria University
- 1999, **Internship Training**, Alexandria university, Egypt

Computer skills:

- Has successfully complete the a course of studies in both theory and practice of certifications UNESCO application software ICDL v5

Language skills:

- Arabic (Native)
- English (Fluent)

Professional Membership:

- Egyptian Nurses Association
- League of the High Institutes of Nursing Graduates, Alexandria, Egypt
- Member in the Egyptian nutrition and health coaching association, 2015
- Member in General Syndicate of personnel working in the field of special needs children, Alexandria, Egypt January, 2015.
- Member in medical Association for the Study & Management of Obesity 2017
- Member in Egyptian association of continuing medical education development 2017(005346)
- Member in Mother Child Friendly Care Association 2018(M-17-0055)
- Member of life skills and wa7a fellowship-Al7ayat Organization,2018

PROFESSIONAL AND SCIENTIFIC ACTIVITIES:

Health and Research Projects

- المشاركة فى تقييم المستشفيات الجامعية التى تسعى للحصول على لقب مستشفى صديق للطفل خلال الفترة من ديسمبر 2017 وحتى مارس 2018 بالتعاون مع منظمة اليونيسيف وجمعية أصدقاء رعاية الأم والطفل بالأسكندرية لدعم وتشجيع ومساندة الرضاعة الطبيعية من خلال

Participated at a Baby Friendly University Hospital Breast Feeding Initiatives Monitoring (UBFI) in the testing of a tool to be used for monitoring & assessment of university hospitals where faculty of medicine and faculty of nursing teach students & where residents house –officers practice the recommended UNICEF & WHO guidelines for protecting ,promoting and supporting breastfeeding through BFHI.2017

المشاركة فى تقييم حملات التطعيم ضد شلل الاطفال (البرنامج القومى للتخلص للقضاء على شلل الاطفال) مصر بالتعاون مع منظمة الصحة العالميه 2008-2002
Participated in Monitoring of Polio Campaign (National polio eradication program) in Egypt in, in collaboration with World Health Organization WHO 2002-2008

- Participate in implementing the "Family Health Nurse" training program for nurses that working at family health units/ centers affiliated to Ministry of Health and population as a joint collaboration between MOHP, Integrated Development Consultation (IDC), and Faculty of Nursing Cairo University, Northern Ireland Center for health care development (NICARE) during the period from April to September 2006. in Alexandria and Qena governorate
- Participated as a member of project implementation team for early identification and intervention of childhood disabilities, as one of the higher educational enhancement project fund (HEEPE), Fourth cycle April 16th 2005 at the Faculty of Medicine.
- Participate in training program for African Nurses about " Primary Health Care' in collaboration with NORD (Norwegian Agency for development cooperation) and EFTCA (Egyptian fund for technical cooperation with

Africa) and the Faculty of Nursing Alexandria University in 2000 and 2002.

- Participated in the orientation program on adolescent health for health care providers at the Regional Center for Training in Family Planning and Reproductive Health., in collaboration with WHO, Cairo -2001

Scientific Conferences

- Participated in the 7th annual scientific meeting of “women’s health within the scope of sustainable developmental goals” held in 7 March 2019 faculty of nursing Alexandria university.
- Participated with a research paper titled adolescents Adolescents' Perception and Views about violence and its prevention in Various Communities in Egypt; A qualitative perspective 2017 at the first Middle East and North Africa region and International Association for Adolescent Health (IAAH) conference
- Participated with a research paper Determinants and Patterns of Violence among Adolescents in Three Communities in Egypt 2017 at the first Middle East and North Africa region and International Association for Adolescent Health (IAAH) conference
- Participation in Cardio-Alex 23-26 May 2017 bibliotheca Alexandria-Egypt” The European Board for Accreditation in Cardiology
- 3rd scientific meeting non communicable diseases an emerging global health crisis 30th April 2017
- 1st scientific meeting on cancer and nutrition held on 18th January 2017
- 14th annual conference of the medical association for the study and management of obesity 27-28 January 2017 faculty of medicine convention center.

- 20th ESEO 2017 annual international congress of Egyptian society of endocrinology, diabetes & obesity 10-12 May 2017 Hilton green plaza hotel Alexandria Egypt.
- Attended and actively participated in the 6th annual international conference of infection control, “ Practical guidelines for infection control in critical areas medical military Academy October 2017
- Attended the international scientific conference “Nursing Caring Science” in cooperation with Linnaeus university of Sweden infection control & personal hygiene & practice 4th-5th January 2016, at Alexandria faculty of Nursing
- Participated in the activities of the 21st annual conference of Egyptian association of endocrinology diabetes and atherosclerosis. 2nd international endocrine update program. 2016
- Participate in the 7th international conference (evolution of nursing: A pathway to excellence. Faculty of nursing Helwan university. 2015
- Participated with a talk titled adolescents’ violence from their perspectives: qualitative study in the 2nd scientific meeting "youth and adolescents' health faculty of nursing Alexandria university 1st December 2014
- Participated with a paper titled field trips in Community Health Nursing: An overview at 3rd international conference Tanta university faculty of Nursing Quality of health care :Education and Services 24-25th November 2014
- Participated in the activities of the 7th international conference of ARC , Alexandria regional center for women’s health and development April 2014

- Participated in the activities of the 8th international conference of ARC, Alexandria regional center for women's health and development MAY 2014: women's rights are human rights: How to implement?
- Participated in the 1st annual natural birth conference in Egypt .natural child birth is a women's right. October2014 Alexandria regional center for women's health and development
- Participated in the activities of the 1st annual Alexandria university conference on health is the daughter of all sciences 27-28/2012 December.
- Participated in the activities of the 2ndinternational conference on health ,environment and development 28-30november 2006, high institute of public health Alexandria Egypt
- Attended the 1st Annual scientific meeting of Obstetric and Gynecologic Nursing department faculty of nursing Alexandria University 5th April 2007.
- Attended the 3rd Annual scientific meeting of Pediatric Nursing department faculty of nursing Alexandria University 29th April 2007.
- Attended the 1st Annual scientific meeting of Nursing Administration department faculty of nursing Alexandria University 2007.
- Attended the 2nd Annual scientific meeting of Nursing Administration department faculty of nursing Alexandria University 2008

Training Workshops:

- Participated in “Facilitator Preparation Workshop” 10/2019 Elgezweet center Alexandria Egypt.
- Participated as trainer in training workshop to support breast feeding for Directorate of Health Affairs health educators 19 December 2018. Alexandria Regional Center for Women's Health and Development
- Participated in “**life skills**” workshop 6 September to 9 November

2018

- Participated in workshop entitled Proposal Management .Medical Technology Center. Medical research institute. Monday 26 March 2018.
- Participated in the second Baby Friendly University Hospital initiative Workshop for preparing University Hospitals to become Centers of Excellence for teaching baby friendly practices conducted in the Egyptian pediatric Association Meeting Hall ,Cairo on Tuesday 20 March 2018.
- Attended workshop on How to write a Success-Grant Proposal. Medical technology center. Medical research institute, Alexandria 2018
- Attending 20 hours course workshop for promoting, protecting and supporting breastfeeding through community baby friendly initiative 15-18. March 2017 faculty of medicine Alexandria University
- Participated in “strategic planning workshop”. Quality assurance committee Alexandria university 9/2017
- Participated in the training workshop about Policy Dialogue faculty of nursing 29/10/2017
- Participated in “adolescents sex education” workshop, in YARAANY, The Swedish Egyptian foundation for the special needs2016
- Participated in “ adolescents’ behavioral problems and its management ” workshop, in YARAANY, The Swedish Egyptian foundation for the special needs2016
- Attended workshop on "counseling of genetic diseases & premarital counseling" Alexandria Regional Centre for women's health and development, Egypt. March, 18th-19th, 2015.
- Attended evidence based medicine workshop. Alexandria Regional

Centre for women's health and development, Egypt. March, 2015.

- Attend workshop on Food safety from farm to fork. Egyptian nutrition and health coaching association, 2015
- ورشة عمل عن المهارات الاساسية لطفل الروضة بالتعاون مع النقابة العامة للعاملين بمجال ذوى الاحتياجات الخاصة بتاريخ 2015-8-26
- Participated in workshop about school health 25th november2014
- Participated in workshop about how to design your study tool: questionnaires design 25th november2014-
- Participate in Workshop on "Kangaroo Baby Care" Alexandria regional center for women health and development, four seasons Hotel, Alexandria, March 2014.
- Participated in training workshop of writing Intended Learning Outcomes ILOs held at the Faculty of Nursing ,Alexandria University on 6th July 2008
- Participated in National workshop (professional Methodology in Diabetes education 25-26th September, 2004.
- Attended the training workshop about "course evaluation and student clinical examination" on 30th June 2008 in the Faculty of Nursing, Alexandria University.
- Attended The training workshop organized by the national authority for quality assurance and accreditation of education , 1st July 2008
- Participated in enhancement of the family and community practices workshop in collaboration with “Ministry of health and population”, “Healthy Mother/ Healthy Child” USAID.6-8 June 2000. Attended workshop about stoma care at the faculty of nursing 2004.
- Participated in workshop about (outdoor ostomy care) at Faculty of Nursing, Alex. University. May 2004

- Attended workshop about Neonatal and pediatric nursing procedure at the faculty of nursing, June 19-21, 2004.
- Attended workshop about professional methodology in Diabetes education at the faculty of nursing, September 25-26, 2004.
- Participated in workshop and training course about Autism. . Mental Health International Federation - Middle East Council June 2001
- Participated in CARITAS-EGYPT training course about sex education in children with special needs from 10- 17/6- 2000

Training programs

- حضور دوره التدريبية لاعداد اخصائى تنميه مهارات فى الفتره من -2016/8/2025 مركز معاك اتحاد الاطباء العرب 36
- حضور دوره التدريبية فى العلاج المعرفي السلوكى للاضطرابات النفسيه فى الفتره من 2016/6-19-16 الموسسه المصريه السويديه للدراسات والتدريب
- حضور دوره التدريبية فى اعداد اخصائى صعوبات تعلم (صعوبات تعلم النمائيه والاكاديميه فى الفتره من 2016 7/3-6/29 الموسسه المصريه السويديه للدراسات والتدريب
- حضور دوره التدريبية فى مقاييس صعوبات التعلم فى الفتره من 2016/7-28-2925 الموسسه المصريه السويديه للدراسات والتدريب
- حضور دوره التدريبية فى اختبار الذكاء: Stanford-Binet Intelligence Scale (ACPT) Fifth Edition الفتره من 2016/8/7-4 الموسسه المصريه السويديه للدراسات والتدريب
- (برنامج التنميه الشامله للطفوله المبكره) Attended the potage program training Everest academy for training and rehabilitation 6-2016
- Attended 60hours training program about research methodology workshop 22september-30october 2014. Alexandria regional center for women's health and development

Community services:

- Involved in education sessions campaign for promoting healthy feeding practices for infants, young children and mothers with the collaboration United Nations World Food Programme (Carrefour Campaign - nutrition awareness sessions at the hypermarkets) during Ramadan 2019 held in Carrefour Alexandria City Center .The sessions were held on weekends (Fri 10th – Sat 11th, Fri 17th – Sat 18th and Fri 24th – Sat 25th of May2019) after iftar for 2 hours.
- Involved in raising the community health awareness through different campaigns targeting certain topics as, nutrition, early detection of non-communicable diseases2016-2017
- Raising the children and mothers awareness through series of lectures about sex education and self protection activities (prevent sexual abuse) provided in nurseries, sport clubs 2014 -2018
- Presentation of health education session about breast self-examination and personal hygiene for preparatory and secondary students at Alazher, March 2016.
- Presentation of health education session about personal hygiene and dental care for primary school students at Alazher , December 2016.
- Presentation of health education session about proper nutrition/dental hygiene for students affiliated to child university (جامعة الطفل)2017
- Participated in the 1st, 2nd Community Health nursing department **Health Campaign for rural areas in Alexandria About hypertension, and pandemic influenza.** November 2009, 2010, 2011

Researches &Publications;

1. Road Safety and First Aid Educational Program among Alexandria Port Commercial Drivers. V(6)1.2020 International Journal For Research In Health Sciences And Nursing (ISSN: 2208-2670)
2. Determinants of Antibiotics Misuse by the Mothers in Children Under Five Years at Alexandria Governorate- Egypt. V(8) 6 Ser. VII. (Nov - Dec. 2019), Journal of Nursing and Health Science (IOSR-JNHS) DOI: 10.9790 / 1959-0806073144
3. Maternity Nurses' Perception Regarding Challenges Facing Ten Steps to Successful Breastfeeding Implementation: Qualitative Research Approach. V(69) 35-51 (2019) Journal of Health, Medicine and Nursing
4. Food Selection and Perceived Barriers to Healthy Eating among Adolescents in Alexandria-Egypt.v(5)12.,2019. International Journal For Research In Health Sciences And Nursing (ISSN: 2208-2670)
5. Perception of Nursing Educators and Students about Field Trip as a Teaching Method in Community Health Nursing.v(3)4.2017 International Journal For Research In Health Sciences And Nursing (ISSN: 2208-2670),
6. Nursing Students' Perspectives regarding Challenges and Barriers of Health Education at Different Community Clinical Settings in Alexandria, Egypt International Journal of Novel Research in Healthcare and Nursing Vol. 6, Issue 3, pp: (488-502), September 2019 - December 2019
7. Adolescents' Perception and Views about violence and its prevention in Various Communities in Egypt; A qualitative perspective. At the first Middle East and North Africa region and International Association for Adolescent Health (IAAH) Conference. Towards health and wellbeing for all adolescents by 2030. May 2017
8. Determinants and Patterns of Violence among Adolescents in Three Communities in Egypt 2017 at the first Middle East and North Africa region of IAAH conference Towards health and wellbeing for all adolescents by 2030. May 2017
9. A Multicenter survey for monitoring the baby friendly initiative in 6 university hospitals in Egypt 2017-2018 a comparative analysis. The open journal of social sciences. Vol.6 No.12(2018) Article ID:89610,14 pages [10.4236/jss.2018.612026](https://doi.org/10.4236/jss.2018.612026)
10. The effect of holy Quran recitation sound on vital signs and anxiety in critically ill geriatric patients. The 22nd Alexandria anesthesia and surgical intensive care conference 4th October.2018

11. Comparative study of violence among adolescents in urban, rural and squatter areas in Alexandria. Doctorate Dissertation, Faculty of nursing, Alexandria university, Egypt, 2014
12. Concerns and needs of adolescents as expressed by themselves and their caring adults in Alexandria. Unpublished Master thesis, Faculty of nursing, Alexandria university, Egypt, 2006

Scientific Books:

- Participated in Community Health Nursing Curricula Development, in Faculty of Nursing, for graduate and postgraduate level.
- Participated in life skills curriculum development for early childhood life skills development series (8 books)
- Participated in life skills curriculum development for adolescents violence prevention 2019

Teaching skills

- **Participate in teaching the following courses**

Undergraduate students' courses including

- Principles of community health for 1st year students
- Community health nursing for 3rd and 4th year students
- Epidemiology
- Environmental health course
- Social studies course

Post graduate courses including

- Community health nursing ii
- Community study and health problems Course.
- Administration of health programs in the community
- Manpower Development in Public Health Nursing Practices and Problem Facing the Profession course at Higher Institute of Public Health for doctoral students

- Participate in the Clinical training for nursing students (Both undergraduate and post graduate) in the field of home visit, rural health, maternal and child health, school health.. .etc.

PROFESSIONAL DEVELOPMENT

- Reviewer for scientific journal (open journal of social science(JSS) Scientific Research Publishing Inc 2019
 - الحصول علي شهادة البورد الألماني كمدرّب معتمد لتدريب المتدربين 2018 Has certified as professional trainer from the **German Board after completion of the final exam in the field of training of the trainers.** 2018, Germany/ serial number: CT4384
- Completed the **American Board Program** about the Quality Management in baby friendly hospitals course with excellent grade. American board for quality science and technology (ABOST) in collaboration with the Regional center for Studies and Occupational Development RCSOD and Mother Child Friendly Care Association MCFC.2017
 - الحصول علي شهادة البورد الأمريكي للعلوم والجودة والتكنولوجيا في إدارة الجودة في كورسات المستشفيات الصديقة للطفل و ذلك في 30 ديسمبر 2017.
 - “American Board for Quality, Science and Technology (ABQST): Quality Management in Baby Friendly Hospitals Courses. Serial number ABQSTCER17120568RCSOD”
 - الحصول علي شهادة مشارك في تحليل المناقشات البؤرية للتعرف على اولويات البحث الاكلينيكي في التمريض بالاشتراك مع جامعة كولومبيا – مدرسة التمريض وذلك في 19 مارس 2017.
 - “Focus Group Discussion to Determine Regional Clinical Nursing Research Priorities - *Columbia University School of Nursing*”/ Research Priorities of

Clinical Nurses and Midwives in the Eastern Mediterranean Region: a Mixed Methods Study

- Attended continuous education course about adolescents' risk taking behavior, school and adolescents health diploma :High Institute of Public Health .Alexandria University 2015
- Certified as “**Child and adolescents skills development specialist**” from the **Swedish Egyptian foundation for the special needs 2013**
- Certificate of Appreciation from the Ministry of Higher Education ,Institute leaders in Helwan about the leadership activities in Helawn university camp from 10-15/4/2009
- Attended in different programs related to **Faculty and Leadership Development Project- Ministry of Higher Education-HEEP, certified by the international board of certified trainers European division(IBCT) 2005:**
 - Professional code of ethics 2006
 - Effective presentation
 - Scientific Research methodologies
 - Decision making and problem solving
 - Teaching with Technology. 2006
 - Conference organization 2008
 - Quality standards in learning
 - University legal and financial aspects
 - International publishing for research 2012
 - Legal and financial aspects in university 2015
 - Funded research implementation and research team management2016.
 - Design & production digital content2017

