

CURRICULUM VITAE

Personal Data:

Name: Rasha Abed El.Hakim Abdou
Date & place of birth: 21/2/1978- Alexandria - Egypt
Nationality: Egyptian
Marital status: Single
Religion: Moslem
Tel: **Home:** 03-5762158
Work: 03 - 4291336
E mail : Dr.Rasha_Hakim@yahoo.com
Rasha.Abdo@alexnursing.edu.eg
Permanent Address: Alexandria University, Faculty of Nursing

Educational Qualifications:

- D.Sc Community Health Nursing (Excellent), Faculty of Nursing, Alexandria University, Egypt, 2012.
- M.Sc Community Health Nursing (Excellent), Faculty of Nursing, Alexandria University, Egypt, 2008.
- B.Sc Nursing (Excellent), Faculty of Nursing, Alexandria University, Egypt, 2000.

Academic Position and professional Experience:

- 2000-2008: **Demonstrator**, Community Health Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2008-2011: **Assistant Lecturer**, Community Health Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2012- 2016: **Lecturer**, Community Health Nursing Department. Faculty of Nursing, Alexandria University, Egypt.
- 2017 till now: **Assistant professor**, Community Health Nursing Department. Faculty of Nursing, Alexandria University, Egypt.

Computer skills:

- Attained training courses for utilizing SPSS program in medical statistics 11-16/10/2008, 2009, 2012,2015.
- Attained all modules of ICTP (Information and Communication Technology Project) held by the Alexandria University, Feb 2007.
- Attained training courses for application E-Learning in nursing curriculum 11/6/2009 till 2014.

Language skills:

Arabic (native)

English

PROFESSIONAL AND SCIENTIFIC ACTIVITIES:

A-Research Projects

- Participated in training program for African Nurses about "Primary Health Care in collaboration with NORD (Norwegian Agency for development cooperation) and EFTCA (Egyptian fund for technical cooperation with Africa) and the Faculty of Nursing, Alexandria University in 2000 and 2002.
- Participated in implementing the "Family Health Nurse" training program for nurses working at family health units/ centers affiliated to Ministry of Health and Population as a joint collaboration between MOHP, Integrated Development Consultation (IDC), Faculty of Nursing Cairo University, Northern Ireland Center for health care development (NICARE) during the period from April to September 2006.
- Involved in independent monitoring of polio campaign in Egypt in National Polio Eradication Program, in collaboration with WHO from 2002-2006.
- Participated as a member in the implementation team in the Continuous Improvement and Accreditation project (CIQAP) at the Faculty of Nursing, Alexandria University in 2008 and till now.
- Participated as a member of project implementation team for early identification and intervention of childhood disabilities, as one of the higher educational enhancement project fund (HEEPE), Fourth cycle April 16th 2005 at the Faculty of Medicine.
- Organized and participated in the five Community Health Nursing Department Health Campaign for rural areas in Alexandria About hypertension, and pandemic influenza in November 2009, 2010, 2011, 2016 and 2017.
- Organized and participated in Community Health Nursing department health education sessions for school children in different schools (primary, preparatory and secondary schools) in Alexandria, from 2003 till now.
- Participated in a screening week for early identification of hypertension cases for the staff and working personal at the Faculty of Nursing, Alexandria University, 27/3 – 2/4/2006.
- Participated in a screening week for early identification of hypertension and diabetes cases for Abis 2 village, Alexandria, 24- 26/4/2017.

- Participated as UBFI monitor in the assessment of application of UNICEF and WHO guidelines for promoting and supporting Breast Feeding Initiative in university hospitals, faculty of Medicine and Faculty of Nursing in Alexandria in 2018.
- Participated as a member of implementation staff in Continuous Improvement and Qualifying for Accreditation Project 2008-2010. Faculty of Faculty of Nursing in Alexandria University
- Participated as a member of implementation staff in Excellence of the Educational Process and Scientific Research in light of Technology in Sept.26, 2013- Till now in Alexandria University Faculty of Nursing, Alexandria, Egypt.
- Participated as a member of implementation staff in Excellence of the Educational Process and Scientific Research in light of Technology (Wave 2) in 2019- Till now in Alexandria University Faculty of Nursing, Alexandria, Egypt.

B- Professional Organization Membership:

- Egyptian Nurses Association.
- League of the High Institutes of Nursing Graduates, Alexandria, Egypt.
- Member of the implementation team quality assurance unit in the Faculty of Nursing since 2006 till now.
- Member of the implementation team ISO unit in the faculty of Nursing since 2017 till now.
- Member of the implementation team E Learning unit in the Faculty of Nursing since 2009 till now.
- Member of the implementation team Crisis management unit in the Faculty of Nursing since 2011 till now.
- Member of the implementation team of Graduate Unit in the Faculty of Nursing since 2017 till now.
- Member of the implementation team of Registration and Academic Advising Center in the Faculty of Nursing since 2020 till now.
- Member of the Egyptian Nutrition and Health Coaching Association (ENHCA).
- Member of the Egyptian Association of Continuing Medical Education Development.

C- Training Workshops:

- **As a participant:**

- Attend the workshop about "Evidence based Nursing practice", 12/11/2005 in the Faculty of Nursing, Alexandria University.
- Attend the workshop about Ethical issues in nursing, 28/2/2006 in the Faculty of Nursing, Alexandria University.

- Attended the workshop about "Educational Environment" on 7/11/2005 in the Faculty of Nursing, Alexandria University.
- Attended the training workshops of 'Evidence based practice in nursing" 7,8th February 2007, the Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Educational strategies in skill lab" 14th February 2006.
- Attend the workshop about "Team Building" 22nd February 2007, the Faculty of Nursing, Alexandria University.
- Attended workshop about "Using Scantron scanner in electronic scoring exam" 19/4/2008 in the Faculty of Nursing.
- Attended the training workshop about "Course evaluation and student clinical examination" on 30th June 2008, the Faculty of Nursing, Alexandria University.
- Attended the training workshop of "Preparing and writing examination questions", 25,26th August 2008, The Faculty of Nursing, Alexandria University.
- Attended workshop about "Developing Academic Reference Standards for undergraduate nursing education program, the Faculty of Nursing, Alexandria University, 2008.
- Attend the training workshop about "Infection control in Respiratory diseases" in February 2009.
- Attend the training workshop about: "Educational strategies" 20th September 2009.
- Attend the workshop of ' Application of National Academic Reference Standards (NARS) at the faculty of Nursing University of Alexandria on the 5th of March 2009.
- Attended workshop in "Using unified computerized system" for Alexandria University 15, 16/2/2009.
- Attended workshop about "Cooperative learning" 22/2/2010 in the Faculty of Nursing, Alexandria University.
- Attended workshop about "Concept mapping" 20/4/2010, the Faculty of Nursing, Alexandria University.
- Attended workshop about "Emergency care and First aids" 20/8/2010, in the Faculty of Nursing, Alexandria University.
- Attended workshop about "ILOs" 20/10/2010, in the Faculty of Nursing, Alexandria University.
- Attended workshop about "Women's Health" in the Alexandria Regional Center for Women's Health and Development, 15-16 June 2011.

- Participated in the training program for nurses in Alexandria about "Infection Control" in Faculty of Nursing Training Center, February 2012.
- Attended workshop and participated in "AHELO project" 13th March 2012, Faculty of Nursing Alexandria University.
- Attended workshop about "International publication" 15th May 2012, Faculty of Nursing Alexandria University.
- Attend the training workshop about:" Application of OSCE in Community Health Nursing" 14th November 2012.
- Attend the training workshop about:" Preparing Annual plan for internal audit in the higher education institutions" at quality assurance center, Faculty of Engineering, Alexandria University 5-6th January 2013.
- Participated in the training program for nurses in Alexandria about "TOT" in Faculty of Nursing Training Center, in February 2013.
- Attend the training workshop about:" Preparing annual plan of internal auditing for educational facilities" 5-6th January 2013.
- Attend the training workshop about "TOT preparatory level" at the FLDC, Alexandria University in collaboration with International Certified Trainer Board 21-28/ 4/2013.
- Attend the training workshop about:" Resuscitation in community health care facilities" 18th July 2013.
- Attend the training workshop about:" Research methodology and scientific witting" 28th May 2014 at Alexandria Regional Centre for Women's Health and Development.
- Attend the training workshop about:" Safety and quality of life" 27-28th April 2015 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Information Literacy and Awareness" 21-22th July 2015 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Scenario Based learning" 27th August 2015 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Requirement of international publishing" 16th July 2017 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Good Governance" 22th September 2017 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" ABC creativity" 18th February 2018 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about:" Second Baby Friendly Hospital Initiative”

for preparing University hospital to become centers of excellence for teaching baby friendly practices 2th March 2018 at Egyptian Pediatric Association, Cairo.

- Attend the training workshop about: " ISO 9001:2015", " ISO 19011:2011" and " Quality Management System Awareness Internal Auditing Techniques" 22-24th April 2018 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about: " Risk and Opportunity" 5th August 2018 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about: " Auditing and Reviewing" 15th August 2018 at Faculty of Nursing, Alexandria University.
- Attend the training workshop about: "Course Mapping" 22th July 2018 at Faculty of Nursing, Alexandria University.
- **Attended the following FLDC workshop 2005-2020:**
 1. Professional ethics
 2. Effective presentation
 3. Scientific Research methodologies
 4. Decision making and problem solving
 5. Teaching with Technology
 6. Effective teaching
 7. Effective communication
 8. Quality in Teaching
 9. Credit hours system
 10. Scientific research ethics
 11. Conference organization
 12. International Publication
 13. Competitive research project
 14. E.Learning
 15. Problem solving and decision making
 16. Students' evaluation and examination
 17. Internal Audit for higher education institutions
 18. Programs and courses specification for higher education institutions
 19. Self-study for higher education institutions
- **As a trainer:**
 - Participated in training program for school nurses in the School Health Insurance Organization in Alexandria (for 3 groups) August 2008 and July 2011.
 - Training workshop about: " Infection control" at 7-8th November 2012 at the Education Development Center, Faculty of Nursing, Alexandria University.

- Training workshop about:" TOT" at 13-14th March 2013 at the Education Development Center, Faculty of Nursing, Alexandria University.
- Training workshop about:" Ethics in Research" at 22-23th July 2013 at the FLDC, Alexandria University.
- Training workshop about:" Quality management and accreditation" at 18th August 2014 at the education development center at the Faculty of Nursing, Alexandria University.
- Training workshop about:" Effective communication skills" at 17-18th August 2015 at the FLDC, Alexandria University.
- Training workshop about "First aid and accident prevention" at May 2017 in Starch and Yeast Company, Alexandria.

D- Scientific meetings and conferences:

- Attended the 1st Annual scientific meeting of Obstetric and Gynecologic Nursing department 5th April 2007, Faculty of Nursing, Alexandria University.
- Attended the 3rd Annual scientific meeting of Pediatric Nursing department, 28th April 2007, Faculty of Nursing, Alexandria University.
- Attended the 1st Annual scientific meeting of Nursing Administration department 29th April 2007, Faculty of Nursing, Alexandria University.
- Attended the 1st annual scientific meeting of the Psychiatric Nursing and Mental Health department under the theme of "Issues and Trends in psychiatric nursing" April 5th 2008, Faculty of Nursing, Alexandria University.
- Attended the 2nd Annual scientific meeting of Nursing Administration department Faculty of Nursing, Alexandria University 2008.
- Attended the 7th annual scientific meeting of Pediatric Nursing about "Pediatric Nursing oncology: challenges and care" in the Faculty of Nursing, Alexandria University, 29th June 2011.
- Attended the 6th Annual scientific meeting of Med- Surgical Nursing department "Clinical practices and evaluation in medical surgical nursing" 11th April 2012, Faculty of Nursing, Alexandria University.
- Attended the 5th Annual scientific meeting of Administration Nursing department "Transforming health challenges into opportunities" 18th April 2012, Faculty of Nursing, Alexandria University.
- Attended the 4th Annual scientific meeting of Pediatric Nursing department," Pediatric Nursing Approaches in Chronic Illness" 24th April 2012, Faculty of Nursing, Alexandria University.
- Attended forum about "Women's Health" in the Alexandria Regional Center for

Women's Health and Development, 9th May 2012.

- Attended the Annual International Conference of High Institute of Public Health, "Challenges facing Health" 7-8 th November 2012, High Institute of Public Health, Alexandria University.
- Attended the 5 th International Conference of Medical Research Institute, "Obesity" 13-16 th November 2012, Medical Research Institute, Alexandria University.
- Attended the 3rd Annual scientific meeting of Obstetric Nursing department, "Innovation of Obstetric Nursing Practice" 16th December 2012, Faculty of Nursing, Alexandria University.
- Attended the 6th Annual scientific meeting of Nursing Administration department, "Gap between knowing and doing" 10th April 2013, Faculty of Nursing, Alexandria University.
- Attended the 9th Annual scientific meeting of Pediatric Nursing department, "Innovation of Pediatric Nursing" 16th April 2013, Faculty of Nursing, Alexandria University.
- Attended the 2nd Annual scientific meeting of Psychiatric Nursing department, "Together on the road of mental health" 24th April 2013, Faculty of Nursing, Alexandria University.
- Attended the 7th Annual scientific meeting of Medical Surgical Nursing department, "Patient safety" 30 th April 2013, Faculty of Nursing, Alexandria University.
- Attended the 7th International Conference of Alexandria Regional Centre for Women's Health and Development, "Inspiring Change in Women's Health" 28-29 th May 2014, Four Seasons Hotel, Alexandria.
- Attended the 7th Annual scientific meeting of Nursing Administration department, "Hospital management" 12th August 2014, Faculty of Nursing, Alexandria University.
- Attended the 1st Conference for Normal Delivery of Alexandria Regional Centre for Women's Health and Development, "Normal delivery is a woman's right" 16 th October 2014, Alexandria Regional Centre for Women's Health and Development, Alexandria.
- Attended the International Conference of the Higher Institute of Public Health, "Alex Health 2014", Health from Theory to Practice " 22-23th October 2014, Higher Institute of Public Health , Alexandria University.
- Attended the 2nd Annual scientific meeting of Community Health Nursing department, "Youth and Adolescents Health" 1st December 2014, Faculty of Nursing, Alexandria University.
- Attended the Annual Conference of Faculty of Nursing, Port Said University "Challenges and New Trends in Nursing " 14th May 2015, Faculty of Nursing, Port Said

University.

- Attended the 8th Annual scientific meeting of Medical Surgical Nursing department, " Clinical Nursing Performance: the Dichotomy between Faculty Education and Hospital Practice " 10th May 2015, Faculty of Nursing, Alexandria University.
- Attended the 8th Annual scientific meeting of Nursing Administration department, " Advanced Nursing Administration: Keep Going and Moving Forward " 26th August 2015, Faculty of Nursing, Alexandria University.
- Attended the International Conference of the Faculty of Nursing in collaboration with Kenco University , "Toward Better Nursing Practice " 12-13th October 2015, Faculty of Nursing, Alexandria University.
- Attended the 4 th International Conference of the Armed Force Hospital in Alexandria, "Infection Control "15-16th October 2015, Armed Force Hospital, Alexandria.
- Attended the International Conference of the Faculty of Nursing in collaboration with TEMPUS, "Infection Control & Personal Hygiene & Practice " 4-5th January 2016, Faculty of Nursing, Alexandria University.
- Attended the 4th Annual scientific meeting of Obstetric and Gynecological Nursing department, " Women's Health: Advanced Issues & Practices " 16th February 2016, Faculty of Nursing, Alexandria University.
- Attended the 10th Annual scientific meeting of Critical Nursing department, " Advances in Critical Care & Emergency Nursing " 5th April 2016, Faculty of Nursing, Alexandria University.
- Attended the 10th Annual scientific meeting of Pediatric Nursing department, " Road Map towards Better Children's Health " 19th April 2016, Faculty of Nursing, Alexandria University.
- Attended the 19th Annual International Congress of the Egyptian Society of Endocrinology & Obesity " 11-13th May 2016, Alexandria Bibliotheca, Alexandria.
- Attended the 9th Annual scientific meeting of Nursing Administration department, " Health Information Management: The Path to Nursing Innovation and Globalization " 19th July 2016, Faculty of Nursing, Alexandria University.
- Attended the 2nd Annual International conference for EAEDA " EAEDA – ENDO SUMMIT 2016 " 30th November to 2nd December 2016, Hilton Green Plaza, Alexandria.
- Attended the 14th Annual International Nursing conference in Collaboration with Kennesaw University "Nursing role in Leading and Advancing the Global Health" 10-11th December Faculty of Nursing, Alexandria.
- Attended the 6th Annual International conference for Infection Control By Medical

Military Academy 18-19 th October 2017, Alexandria.

Organized the following:

- The First Scientific International Conference "Health services between academic and field practice" April 2007 by the Association of Faculties of Nursing Graduates.
- The 9th International Scientific Nursing Conference "Accreditation and Nursing" November 2007 Faculty of Nursing, Alexandria University.
- The first scientific meeting of the Community Health Nursing department "Family Home Care" November 2008.
- The 10th International Scientific Nursing Conference "Quality care nursing" November 2008 Faculty of Nursing, Alexandria University.
- The 12th International Scientific Nursing Conference " Accreditation of Higher Education Institutions: Challenges and Opportunities, 15-16th May, 2013, Faculty of Nursing, Alexandria University.
- The Second scientific meeting of the Community Health Nursing department "Youth and Adolescents Health" December 2016.

Researches Publication;

- Fikry F, Oueda M, Abo Nazel M, Ahmed A, Abed El Hakim R. The effect of Cognitive Behavioral Therapy on behaviors of juvenile delinquents resident in correctional institutions in Alexandria. American Science Journal, 2012; 12 (1):31-9.
- Hosni H, Abed El Hakim R. Diabetes Distress Among Patients with Type II Diabetes in Alexandria, Alexandria Scientific Nursing Journal, December, 2014
- Khamis F, Abed El Hakim R. Contributing Factors of Smoking among Male Secondary School Students in Alexandria. The International Conference “Alex Health 2014”, Health from Theory to Practice, University of Alexandria, High Institute of Public Health, 22-23 October 2014.
- Khamis F, Abed El Hakim R. Stress, Coping Strategies and Perceived Faculty Support Among Nursing Students in Alexandria. Alexandria Scientific Nursing Journal, July, 2015
- Abed El Hakim R, Abdel Razek A. Mothers' Knowledge, Attitude and Practices Towards Routine Infants' Immunizations in Alexandria. The 13th International Scientific Nursing Conference in Collaboration with Kennesaw University " Toward Better Nursing Practice" University of Alexandria, Faculty of Nursing, 12-13 October 2015.
- Abed El Hakim R, Amin D. Violence Toward Nurses Working in Family Health Care Centers in Alexandria and El Behera Governorates. Alexandria Scientific Nursing

Journal, July, 2016.

- Abed El Hakim R, Abdel Wahed O. Perception and Experiences of Sexual Harassment Among Nursing Students in Alexandria, Egypt. 2nd International Conference in Nursing and Health Sciences "A Bridge to Build a Sustainable Health Care Future" King Saud Bin Abdulaziz University for Health Sciences, Riyadh , KSA, 28-30 March 2016.
- Abed El Hakim R. Pattern and Attitudes of Self Medication Among Nursing Students in Alexandria. Zigazig Nursing Journal, July, 2017
- المشاركة في أعداد ومراجعة مقرر "صحة المجتمع" التابع لمرحلة البكالوريوس المرفوع على موقع التعلم الإلكتروني الخاص بجامعة الإسكندرية وكذلك المشاركة في تفعيله خلال الأعوام الجامعية 2014/2013 و 2015/2014.
- المشاركة في إعداد دليل المهارات التمريضية الخاص بمعامل تريض صحة المجتمع التابع للجنة قطاع التمريض خلال العام الجامعي 2014/2013.

Roles and responsibilities:

Responsibilities included:

Administrative responsibilities

- Quality Assurance Center Coordinator since 2011- till 2018.
- Crisis management unit coordinator since 2011- till 2018.
- Iso 9001: 2015 project coordinator since 2017 till now.
- Coordinator of E learning project 2007-2014.
- Assistant of Vice Dean of Education and Students Affairs since 2018 till now.

Teaching responsibilities

- Participation in planning, organizing and supervising undergraduate and post graduate's community health nursing students' clinical practice.
- Teaching courses for undergraduate students at Faculty of Nursing, Alexandria University at 2011 till now
 - Principles of Community Health Nursing.
 - Community Health
 - Community Health Nursing
 - Applied statistics
 - Statistics and Computer
- Teaching Biostatistics course for undergraduate students (Accelerated Program) at Faculty of Nursing, Alexandria University at 2015 till now
- Teaching courses for undergraduate students at Faculty of Nursing, Alexandria University (Matrouh Branch) at 2011 till 2014
 - Principles of Community Health Nursing.

- Community Health
- Community Health Nursing
- Environmental health
- Epidemiology
- Applied statistics
- Teaching courses on community health nursing for undergraduate students (fifth year), Technical institute of nursing, Alexandria University at 2011, 2012.
- Teaching courses on community health nursing for technical nurse students, Police Technical institute for nursing at 2012- till now.
- Teaching courses for postgraduate students, Faculty of nursing, Alexandria University at 2011 till now.
 - Nursing Informatics
 - Biostatistics
 - Advanced Biostatistics
 - Community Health Nursing
 - Community Health Problems
 - Epidemiology
 - New Issue and Trends
 - New Issue and Trends in Community Health Nursing
 - Community, Family and Demographics
 - Community Health Nursing and Education

Supervision responsibilities

- Academic supervisor for undergraduate students. Faculty of Nursing, Alexandria University from 2011 till now.
- Supervisor of many master and doctoral thesis. Faculty of Nursing, Alexandria University. From 2011 till now.
- Participate in the committee for recruiting the new students in the Faculty of Nursing, Alexandria University, Egypt, 2014-2020.
- Participate in the committee for recruiting the new students in the Faculty of Nursing, Alexandria University, Matrouh Branch, Egypt, 2014-2015.

Research activities:

- Join the editorial board of the American Journal of Nursing Research since August 2019.

